

DEPARTMENT OF ORTHOPAEDIC SURGERY



Dr. Umesha Chowdaiah

MBBS, D. Ortho, DNB Ortho.

ISAKOS Scholar (North America) Consultant orthopaedic, Arthroscopy and Arthroplasty surgeon
Specialist in Orthobiologics.

Dr. Umesha chowdaiah is consultant Orthopaedic surgeon having a good experience in Trauma and Sports injuries. He has a special interest in Arthroscopy of Shoulder and Knee joint, Joint replacement surgeries of shoulder, Hip and Knee, Application of Orthobiologics(Platelets and BMAC Therapy) in orthopaedic degenerative joint diseases and sports injuries. He has obtained his MBBS degree from prestigious Mysore Medical College and Research Institute, Mysore. Later he persuades Diploma in Orthopaedics from Al-Ameen Medical college, Bijapur and DNB in orthopaedics from Prestigious Yashoda Superspeciality Hospital, Hyderabad which is premier Institute in South India for Recent advanced surgeries in Orthopaedics and Sports medicine. He has received Young Investigator Scholarship Award from International Society of Arthroscopy Knee Surgery and Orthopaedic Sports Medicine for his study on Arthroscopy and Orthobiologics in CANCUN, Mexico, North America held in May 2019. He has also presented various Research Studies in National and international conferences. He is a young dedicated orthopaedic surgeon and orthobiologist whose prime interest is to bring about revolutionary changes in regenerative orthopaedics at affordable price.



ClearMedi Radiant Hospital

ClearMedi Radiant Hospital has launched the most advanced, comprehensive and best Multispeciality Hospital at Mysuru, Karnataka. It has been established with a vision to deliver the best and cost effective Healthcare Services to the community and also to become the most preferred destination for Comprehensive Medical Care and treatment. Our Mission is to extend the world-class Healthcare Services to the community through advanced Medical technology, Medical research and best management practices by the team of dedicated Doctors. ClearMedi Radiant Hospital has all major Medical and surgical Specialities and Diagnostics facilities using advanced technology under one roof.

24x7 Emergency Helpline : 0821 - 2336666 / 9343 108 108

ClearMedi Radiant Hospital



**NO.2 C-1, A-1 Block.
3rd Stage, Vijayanagar, Mysuru - 570017.**



ClearMedi
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OSTEOARTHRITIS KNEE



FROZEN SHOULDER



TENNIS ELBOW



SPORTS INJURIES



PLANTAR FASCIITIS



BURSITIS



TENOSYNOVITIS

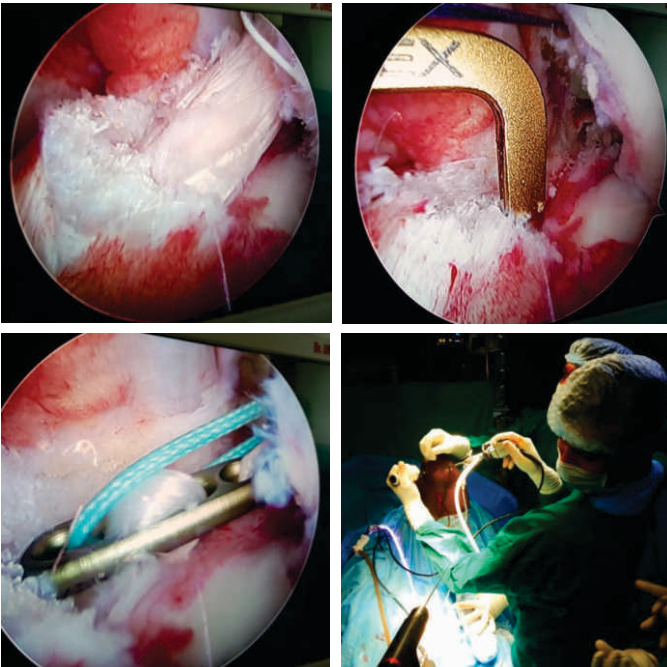
RELIEF REPAIR RESTORE

When to Consult an Orthopaedic Surgeon ?

- Road traffic accidents.
- Any Kind of injury to the Limbs and Body.
- Joints pain and swelling.
- Injuries while playing:during any kind of sport activities.
- Long duration of joint pain.
- Multiple joint pain.
- Sudden onset of joint pain and muscular pain.
- Joint pain associated with fever.
- Early morning Heel pain, Elbow pain.
- Difficulty in walking and Abnormal walking pattern.



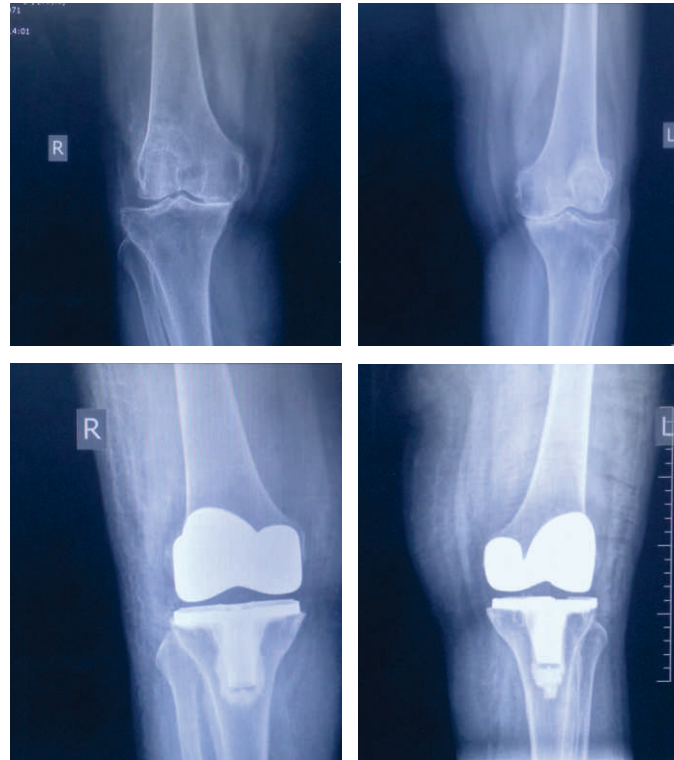
ARTHROSCOPY



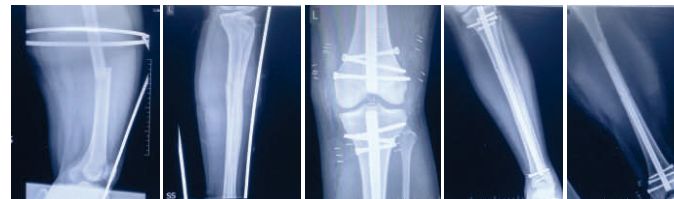
SPECIALITY

- Minimally Invasive Percutaneous Trauma Surgery.
- Key hole surgeries (Arthroscopy) for Shoulder dislocation, Rotator Cuff tear, Knee - ACL, PCL, Meniscus injuries and Multi-ligament injuries.
- Conservative treatment for Osteoarthritis Knee by using Platelet Rich Plasma therapy and BMAC therapy.
- Joint replacement surgeries (Shoulder, Hip and Knee).
- Platelet Rich Plasma Therapy for sports injuries.

KNEE REPLACEMENTS



TRAUMA SURGERIES



ORTHOBIOLGY FOR SMART LIFE

Orthobiology is a branch of Regenerative medicine that deals with the use of Biological agents like Bone graft, Bone Marrow, Platelet Rich Plasma (PRP) and Stem Cells for the treatment of orthopaedic diseases.

Routinely we use Platelet Rich Plasma because it is economical, easy to prepare, with least side effects and OPD based procedure. PRP mainly used for Osteoarthritis of knee. PRP gives good results for Early stages of osteoarthritis knee where as in late stages of arthritis it works for short period of time. PRP can also post-pone the Total Knee Replacement surgery for significant period of time.

PRP is a good option for Those patients who are suffering from Diabetes, Hypertension, Ischaemic heart disease, Renal disease, for those who are fed-up taking Multiple Analgesics and steroids treatment.

For sports injuries and inflammatory conditions like tendon, ligament and muscle injuries, Plantar fasciitis, Tennis elbow and Frozen shoulder PRP works very well. In this Era to lead a smart life Choose PRP therapy over analgesics and steroids.

ARTHROPLASTY HIP

